



**In addition to our full menu
daily specials will be available**

**There is also a full salad bar
from which the children can
try different foods**

Westhill
Castletown
Isle of Man
IM9 1RD

Telephone: 01624 820481
Fax: 01624 820403

E-mail: mike.fletcher@buchan.sch.im
www.buchan.im



LUNCH MENU

Autumn Term 2010



WEEK 1

MONDAY

Chicken curry

Beef lasagne

Vegetarian option

Rice, garlic bread, poppadoms, baked beans & mixed vegetables

Flapjacks

TUESDAY

Ramsey's yard pasty

Lamb hotpot

Vegetarian option

Roast potatoes, cauliflower cheese, green beans, baton carrots & gravy

Fruit & yoghurts

WEDNESDAY

Round the world Wednesday

THURSDAY

Roast pork

Cheesy quiche

Roast baby jackets, creamed potatoes, Brussels sprouts, peas & sweet corn, cauliflower & gravy

Ice cream bar

FRIDAY

Freshly battered cod

Popeye pasta

Mushy peas, new potatoes, chips, salad bar

Fruit & yoghurts

WEEK 2

MONDAY

Home made pizza (pick your own topping)

Chicken stuffed with cheese & wrapped in bacon

Chips, baked beans & sweet corn

Steamed chocolate pudding

TUESDAY

Butcher's own pork sausage

Mince beef & onion pie

Cheese & onion pie

Roasted root vegetables & peas

Fresh fruit & yoghurts

WEDNESDAY

Round the world Wednesday

THURSDAY

Roast beef & Yorkshire pudding

Cheese & tomato quiche

Carrot, broccoli, cauliflower cheese, roast potatoes & gravy

Flapjack

FRIDAY

Home made cod & smoked salmon fish cakes

Chicken supreme

New potatoes, green beans, baby carrots, salad bar

Apple pie & fresh cream

WEEK 3

MONDAY

Grilled pork chops

Roast chicken

Vegetarian option

Roast root vegetables & new potatoes

Cheese & biscuits

TUESDAY

Spaghetti bolognese

Pasta carbonara

Macaroni cheese

Green beans & sweet corn, half jacket potato & garlic bread

Fresh fruit & yoghurts

WEDNESDAY

Round the world Wednesday

THURSDAY

Roast lamb

Cheesy quiche

Cauliflower, broccoli, carrots, parsnips & roast potatoes

Upside down sponge pudding

Fruit

FRIDAY

Freshly battered cod

Tomato & basil pasta

A selection of freshly prepared vegetables & chips

Fresh fruit & yoghurts